



Iowa Department of Human Services

Terry E. Branstad
Governor

Kim Reynolds
Lt. Governor

Charles M. Palmer
Director

INFORMATIONAL LETTER NO.1389

DATE: June 2, 2014

TO: All Iowa Medicaid Hospitals, Physicians, Advanced Registered Nurse Practitioners, Clinics, Indian Health Services, Federally Qualified Health Centers (FQHCs), and Rural Health Clinics Participating as Patient Managers in the Iowa Wellness Plan

FROM: Iowa Department of Human Services, Iowa Medicaid Enterprise (IME)

RE: Online Education for AssessMyHealth Health Risk Assessment (HRA)

EFFECTIVE: Upon Receipt

Iowa Medicaid recently announced the introduction of an online Health Risk Assessment (HRA) tool called [AssessMyHealth](#)¹ which is available to all Iowa Wellness Patient Managers and Accountable Care Organizations (ACOs). This tool, used in conjunction with a Wellness Exam, can help establish a more comprehensive care plan for members. In order to use the HRA tool, eligible providers must register for a user name and password and a five digit provider code. Please see [Informational Letter 1388](#)².

Participating Iowa Wellness Plan Patient Managers can earn a \$25 payment for each AssessMyHealth HRA they incorporate into the care plan of an Iowa Wellness Plan member. Payment will only be made once per member. Only the first “clean” claim received is eligible for reimbursement. Iowa Wellness Plan ACOs may also receive incentive payments based on the percent of their assigned patients who complete their Healthy Behaviors which, in 2014, consists of completing a Wellness Exam (physical) and HRA.

The IME has partnered with Treo Solutions to provide an overview of how providers can access and use the [AssessMyHealth](#) HRA tool to improve member care. More information is available by accessing the [Iowa Health and Wellness Plan Healthy Behaviors Program Toolkit for Providers](#)³.

Several web based training sessions have been scheduled and providers are encouraged to register for training sessions by selecting the appropriate link below. If you are having trouble registering for a webinar using the links, please contact Nancy Frederick at 1-800-455-7338.

¹ <https://www.assessmyhealth.com/checkbox/accesscode.aspx>

² <http://dhs.iowa.gov/sites/default/files/1388%20Provider%20Access%20to%20AssessMyHealth%20HRA%20and%20VIS%20Online%20Dashboard.pdf>

³ http://dhs.iowa.gov/sites/default/files/Provider%20Healthy%20Behaviors%20Toolkit_05212014.pdf

[Thu, June 12, 2014 12:00 PM - 1:00 PM CDT](#)

[Fri, June 13, 2014 12:00 PM - 1:00 PM CDT](#)

[Tue, June 17, 2014 1:00 PM - 2:00 PM CDT](#)

[Wed, June 18, 2014 11:00 AM - 12:00 PM CDT](#)

Once registered you will receive an email from Treo Solutions confirming your registration with information you need to join the Webinar.

If you have any questions, please contact the IME Provider Services Unit at 1-800-338-7909, locally at 515-256-4609, or by email at: imeproviderservices@dhs.state.ia.us.